

**Chuang Yen Monastery**  
**Dharma Training Class: Third Year (2008/09)**

*Reading List and Class Dates*

1. *The Universe in a Single Atom: The Convergence of Science and Spirituality*, H. H. The Dalai Lama (ISBN 0767920813) (9/13/08)
2. *A Comprehensive Manual of Abhidhamma*, Bhikkhu Bodhi (ISBN 1928706029) (9/27/08; 10/11/08; 10/25/08)
3. *Understanding Our Minds: 50 Verses on Buddhist Psychology*, Thich Nhat Hanh (ISBN 1888375302) (11/8/08; 11/22/08; 12/6/08; 12/20/08)

(This book is also available in hardcover under a different title: *Transformation at the Base: Fifty Verses on the Nature of Consciousness*.)

4. *The Fundamental Wisdom of the Middle Way: Nagarjuna's Mulamadhyamakakarika*, Jay L. Garfield (translator) (ISBN 0195093364) (1/3/09; 2/7/09)
5. *The Flower Ornament Scripture: A Translation of the Avatamsaka Sutra*, Thomas Cleary (translator) (ISBN 0877739404) (books 10, 11, 26, and 39) (2/21/09; 3/7/09; 3/21/09)
6. *The Way of the Bodhisattva: (Bodhicaryavatara)*, (Revised Edition) Padmakara Translation Group (translator) (ISBN 1590303881) (4/4/09; 4/18/09)

*Days of Mindfulness/3-day Retreat*

Attendance is required at the full-day days of mindfulness and at the 3-day retreat at the end of the class year.

10/18/08  
1/1/09  
3/14/09  
4/24-26/09